



APRIL 2018

Glen Cove Adult Day Program 130 Glen Street, Glen Cove, NY 516 759 2345

MON	TUE	WED	THUR	FRI
2 10:00 World News 10:30 INCREDIBLE EDIBLE...: Eggs-traordinary Facts about this Household Staple 11:15 Stronger Seniors Chair Exercise 12:15 Lunch Time 1:15 Egg Coloring, Crafting & Cards	3 10:00 Science Times 10:30 BIRDS OF A FEATHER...: Identifying the Sweet Voices of Spring 11:15 Stronger Seniors Chair Exercise 12:15 Lunch Time 1:15 Painting with Liz 2:00 'BIRD' Boggle & Round Robin	4 10:00 In the News 10:30 ALL OF A FLUTTER!: The Fascinating Journey of the Butterfly 11:15 Stronger Seniors Chair Exercise 12:15 Lunch Time 1:15 Lepidoptera Social: Canvas Crafts & Team Challenges	5 10:00 Coffee Time 11:00 ...A SONG IN MY HEART!: A Morning Concert with the Golden Voices 11:15 Stronger Seniors Chair Exercise 12:15 Lunch Time 1:30 Zumba Gold with Carol 2:15 'HARMONY' Guggenheim	6 10:00 Coffee and a Snack! 10:30 ANIMAL CRACKERS: Celebrating Zoo Lovers Day 11:15 Yoga with Isabel 12:15 Lunch Time 1:30 Animal Attraction: Animal Decoupage, Mad Libs & Poetry
9 10:00 Headlines over Coffee 10:20 TRIP MAKING MEMORIES WITH MUSIC Musical Reminiscing Program At the Gold Coast Cinema Entertainment, Lunch and a Tour of their Art Gallery	10 10:00 Science Times 10:30 DIAMONDS ARE A GIRL'S...: The 4C's of this April Gemstone 11:15 Meditation with Judy 12:15 Lunch Time followed by 'RHYTHM BREAK CARES': Grab Your Partners for an Afternoon of Dancing!	11 10:00 Current Events 10:30 TITANIC DISASTER!: A Tragic Tale of the 'Unsinkable' Ship 11:15 Tai Chi with Maria 12:00 Lunch Time 1:00 'TRAVELLING' Crossword 1:45 The Sweet SOUNDS OF JOY	12 10:00 World News 10:30 ALL THAT JAZZ!: The Heady Days of the Roaring Twenties 11:15 Stronger Seniors Chair Exercise 12:15 Lunch Time TRIP MEET ME IN THE GALLERIES: <i>The Jazz Era</i> Guided Tour at the Nassau County Museum	13 10:00 Events over Coffee 10:30 VERY SUPERSTITIOUS...: Discussing the Origins of Triskaidekaphobia 11:15 Stronger Seniors Chair Exercise 12:15 Lunch Time 1:30 The Wonderful CONTINENTALS
16 10:00 Coffee and Conversation 10:30 SUNDAE ON MONDAY!: The Birth of this Great American Dessert 11:15 Strength Training with Sharon 12:15 Lunch Time 1:30 Zumba Gold with Carol 2:15 Dessert & Dice	17 10:00 Science Times 10:30 RENAISSANCE MANI: The Life & Times of Leonardo Da Vinci 11:15 Stronger Seniors Chair Exercise 12:15 Lunch Time 1:15 Art Therapy with Rachael 2:00 'OCCUPATION' Name Game	18 10:00 Events over Coffee 10:30 LITTLE REWARDS!: A Mouth-Watering History of the Pretzel 11:15 Tai Chi with Maria 12:00 Lunch Time and The Amazing Long Island Jazz Ensemble 2:00 'FOOD' Word Find & JINGO	19 10:00 World Events 10:30 PUPPIES ON PARADE!: A Visit with our North Shore Friends 11:15 Strength Training with Sharon 12:15 Lunch Time MEMORY LANE Songs from Around the World w/ Lois Morton	20 10:00 Cozy Coffee Time 10:30 WHEN YOU'RE SMILING...: Famous Skits, Jokes & Gags in Honor of Humor Month 11:15 Yoga with Isabel 12:15 Lunch Time 1:30 The Wonderful CONTINENTALS
23 10:00 Current Events 10:30 COMMUNITY COLLABORATIONS: Earth Day Crafts with Glenwood Life Center 11:15 Strength Training with Sharon 12:15 Lunch Time 1:15 Garden Party: Planting, Painting & Tea Cake Baking	24 10:00 Science Times 10:30 THE BIG PICTURE!: The Opening of Koster & Bial's 11:15 Meditation with Judy 12:15 Lunch Time 1:15 MOVIE Matchups 2:00 Drumming with Brendan	25 10:00 In the News 10:30 SIBLING SENSIBILITIES!: Familial Reminiscing 11:15 Stronger Seniors Chair Exercise 12:00 Lunch Time 1:15 Famous Sibling Brain Teasers 1:45 The Sweet SOUNDS OF JOY	26 CLOSED STAFF DEVELOPMENT	27 10:00 Headlines over Coffee 10:30 KNOCK, KNOCK!: Reflecting on the Days of the Door-to-Door Salesman 11:15 Stronger Seniors Chair Exercise 12:15 Lunch Time & our Cornell Cooperative Lecture: Healthier Protein Choices 1:30 The Wonderful CONTINENTALS
30 10:00 Coffee and a Snack 10:20 TRIP: MAKING MEMORIES WITH MOVIES: Cinematic Reminiscing Program at the Huntington Cinema Arts Center Followed by Lunch and Activities in the Cafe			HAPPY BIRTHDAY TO JAY 15 FRANK S 27 CAROL W 30 	ACTIVITIES MAY NEED TO CHANGE DUE TO UNFORESEEN CIRCUMSTANCES Please note there is no CAREGIVERS SUPPORT GROUP this month