

APRIL 2019

Glen Cove Adult Day Program 130 Glen Street, Glen Cove, NY 516 759 2345

MON	TUE	WED	THUR	FRI
<p>1</p> <p>10:00 Headlines over Coffee</p> <p>10:30 PLAYING THE FOOL: The History of This Pranking Holiday</p> <p>11:15 Strength Training with Sharon</p> <p>12:15 Lunch Time</p> <p>1:30 Zumba Gold with Carol</p> <p>2:15 Mad Libs & Minute to Win It!</p>	<p>2</p> <p>10:00 Cozy Coffee Time</p> <p>10:30 APRIL SHOWERS BRING MAY FLOWERS: April Folklore & Events</p> <p>11:15 Meditation with Judy</p> <p>12:15 Lunch Time</p> <p>1:15 Painting with Liz</p> <p>2:15 'GARDENING' Guggenheim</p>	<p>3</p> <p>10:00 In the News</p> <p>10:30 THE NEW COLOSSUS: Discussing Ellis Island and the Immigrant Experience</p> <p>11:15 Stronger Seniors Chair Exercise</p> <p>12:15 Lunch Time followed by A Musical Afternoon with our Karaoke King Tom Nichols</p>	<p>4</p> <p>10:00 Coffee Time</p> <p>10:30 THE IMPERIAL EGG: The Origins of Faberge & the Easter Egg</p> <p>11:15 Strength Training with Sharon</p> <p>12:15 Lunch Time</p> <p>1:15 Easter Social: Egg Artistry, Easter Buns & Balloon Volleyball</p>	<p>5</p> <p>CLOSED ALL DAY STAFF TRAINING AT STONYBROOK</p>
<p>8</p> <p>10:00 Headlines over Coffee</p> <p>10:30 ART THERAPY IN THE A.M.:(ANIMALS) Creative Discoveries With Erin & Kaitlin</p> <p>11:15 Strength Training with Sharon</p> <p>12:15 Lunch Time</p> <p>1:15 Home Town Reminiscing:- VACATIONS Upsalquitch, New Brunswick with Edna. Followed by GCADP Collaborative Story Crafting</p>	<p>9</p> <p>10:15 TRIP: MAKING MEMORIES WITH MUSIC: Cinematic Reminiscing Program At the Gold Coast Cinema Followed by a Boxed Lunch and a Tour of their Art Gallery</p>	<p>10</p> <p>10:00 In the News</p> <p>10:30 CARING FOR OTHERS...: Whilst Caring For Yourself. Holistic Nursing Practices w/ Judy Di Bartolo RN HN-BC</p> <p>11:15 Meditation with Judy</p> <p>12:15 Lunch Time</p> <p>1:15 Anatomy Trivia</p> <p>1:45 The Sweet SOUNDS OF JOY</p>	<p>11</p> <p>10:00 Coffee Time</p> <p>10:30 NORTHSHORE VISIT: A Heart Warming Visit With our Canine Friends</p> <p>11:15 Strength Training with Sharon</p> <p>12:15 Lunch Time</p> <p>1:30 MEMORY LANE Songs from Around the World with Lois Morton</p>	<p>12</p> <p>10:00 Trivia over Coffee</p> <p>10:30 GOLDEN VOICES: The Joyous Sounds of our Senior Choral Group</p> <p>11:15 Stronger Seniors Chair Exercise</p> <p>12:15 Lunch Time</p> <p>1:30 An Afternoon with The Wonderful CONTINENTALS</p>
<p>15</p> <p>10:00 Headlines over Coffee</p> <p>10:30 ART THERAPY IN THE A.M.:(RECYCLING) Creative Discoveries With Erin & Kaitlin</p> <p>11:15 Stronger Seniors Chair Exercise</p> <p>12:15 Lunch Time</p> <p>1:30 Zumba Gold with Carol</p> <p>2:15 Help Thy Neighbor & CLR</p>	<p>16</p> <p>10:15 TRIP: TILLES CENTER: Dance Class With the Tilles' Dance Company Integrated Movements from Modern & Theater Dance, Ballet, Folk, Tap, Improvisation and so much more Followed by a Boxed Lunch in the Cafe</p>	<p>17</p> <p>10:00 Current Events</p> <p>10:30 MEDICINAL MINATURES: A Captivating Collection of Vintage Pillboxes</p> <p>11:15 Stronger Seniors Chair Exercise</p> <p>12:15 Lunch Time and The Amazing Long Island Jazz Ensemble</p> <p>2:15 TEAM CHALLENGE! Are You Smarter Than A Fifth Grader?</p>	<p>18</p> <p>10:00 World News</p> <p>10:30 AND THE BAND PLAYED ON: The Fateful Voyage of the Unsinkable Ship</p> <p>11:15 Tai Chi with Maria</p> <p>12:15 Lunch Time</p> <p>TRIP MEET ME IN THE GALLERIES: A Guided Tour at the Nassau County Museum</p>	<p>19</p> <p>10:00 Events over Coffee</p> <p>10:30 EXODUS FROM EGYPT: The Tale of Passover</p> <p>11:15 Yoga with Isabel</p> <p>12:15 Lunch Time & our Cornell Cooperative Lecture: Health & Nutrition w/ Janet Followed by an Afternoon with The Wonderful CONTINENTALS</p>
<p>22</p> <p>10:00 World News</p> <p>10:30 ART THERAPY IN THE A.M.:(POETRY) Creative Discoveries With Erin & Kaitlin</p> <p>11:15 Stronger Seniors Chair Exercise</p> <p>12:15 Lunch Time</p> <p>1:15 Table Top Games & Challenges: Farkel, Chase the Ace & Jeopardy</p>	<p>23</p> <p>10:00 Science Times</p> <p>10:30 LISTEN CHILDREN & YOU SHALL HEAR: Recalling & Reciting The Midnight Ride</p> <p>11:15 Meditation with Judy</p> <p>12:15 Lunch Time</p> <p>1:15 Painting with Liz</p> <p>2:15 Story Cubes & Letter Ladder</p>	<p>24</p> <p>10:00 Events over Coffee</p> <p>10:30 ART THERAPY IN THE A.M.:(PUZZLES) Creative Discoveries With Erin & Kaitlin</p> <p>11:15 Stronger Seniors Chair Exercise</p> <p>12:15 Lunch Time</p> <p>1:15 SO LONG FAREWELL...: To Our Wonderful LIU Post -Student Nurses An 'Ice Cream Social' Farewell Party & Dancing to the Sweet SOUNDS OF JOY</p>	<p>25</p> <p>10:00 Coffee and Conversation</p> <p>10:30 EDIBLE INVITATION: The Unique History & Symbolism Behind the 'Queen of Fruits'</p> <p>11:15 Tai Chi with Maria</p> <p>12:15 Lunch Time</p> <p>1:15 An Upside Down Afternoon: Pineapple Crafts & Baking</p>	<p>26</p> <p>10:00 Coffee Time</p> <p>10:30 HORN AND HARDART: Reflecting on The Legacy of the Automat</p> <p>11:15 Yoga with Isabel</p> <p>12:15 Lunch Time Followed by an Afternoon with The Wonderful CONTINENTALS</p>
<p>29</p> <p>10:00 Coffee and a Snack</p> <p>10:30 ART THERAPY IN THE A.M.:(SEA LIFE) Creative Discoveries With Erin & Kaitlin</p> <p>11:15 Stronger Seniors Chair Exercise</p> <p>12:15 Lunch Time</p> <p>1:30 Zumba Gold with Carol</p> <p>2:15 Scrabble Tile Word Teasers</p>	<p>30</p> <p>10:00 Science Times</p> <p>10:30 MIND YOUR BEESWAX: The Wild & Wonderful World of Bees & Beekeeping</p> <p>11:15 Stronger Seniors Chair Exercise</p> <p>12:15 Lunch Time</p> <p>1:15 An Afternoon with our Local APIARIST Craig White</p>	<p>ACTIVITIES MAY NEED TO CHANGE DUE TO UNFORESEEN CIRCUMSTANCES</p> <p>CAREGIVERS SUPPORT GROUP APRIL 23 at 1:30</p>		<p>HAPPY BIRTHDAY TO:</p> <p>JAY 15 FRANK 27 CAROL 30</p>
<p>April Showers Bring May Flowers</p> 				