

# JUNE 2018

Glen Cove Adult Day Program 130 Glen Street, Glen Cove, NY 516 759 2345

MON	TUE	WED	THUR	FRI
		<p>HAPPY BIRTHDAY TO  <b>MHELLE 3</b>  <b>SHARON 12</b>  <b>EILEEN 17</b></p> 	<p>ACTIVITIES MAY NEED TO CHANGE DUE TO UNFORESEEN CIRCUMSTANCES</p> <p><b>CAREGIVERS SUPPORT GROUP</b>            GLEN COVE SENIOR CENTER            JUNE 26 1:30</p>	<p>10:00 Coffee and a Snack!            10:30 <b>A CANDLE IN THE WIND:</b>            The Tumultuous Life of Marilyn Monroe            11:15 <b>Yoga</b> with Isabel            12:15 Lunch Time            1:30 <b>The Wonderful CONTINENTALS</b></p>
<p>10:00 Headlines over Coffee            10:30 <b>FABULOUS FABLES:</b>            Aesop's Cautionary Tales            11:15 <b>Strength Training</b> with Sharon            12:15 Lunch Time            1:30 <b>Zumba Gold</b> with Carol            2:15 Dice &amp; Dessert</p>	<p>10:00 Science Times            10:30 <b>HONEYSUCKLE &amp; ROSE:</b>            The Symbolism of These June Flowers            11:15 Stronger Seniors <b>Chair Exercise</b>            12:15 Lunch Time            1:15 <b>Painting</b> with Liz            2:15 'FLORAL' Brain Teasers</p>	<p>10:00 Current Events            10:30 <b>MOTORING MEMORIES:</b> The Journey of Ford Motors &amp; The Great Outdoors            11:15 Stronger Seniors <b>Chair Exercise</b>            12:15 Lunch Time            1:15 <b>Virtual Vacation:</b> A Tour of Our National Landmarks, Prickly Pear Jam &amp; Crackers</p>	<p>10:00 World News            10:30 <b>THE GOLDEN VOICES:</b> The Joyous Sounds of our Senior Choral Group            11:15 <b>Strength Training</b> with Sharon            12:15 Lunch Time            1:15 <b>MEMORY LANE</b>            Songs from Around the World w/ Lois Morton</p>	<p>10:00 Events over Coffee            10:30 <b>MINI MASTERPIECES:</b>            Iconic Album Cover Artwork            11:15 Stronger Seniors <b>Chair Exercise</b>            12:15 Lunch Time            1:30 <b>The Wonderful CONTINENTALS</b></p>
<p>10:00 Coffee and Conversation            10:20 <b>TRIP</b>  <b>MAKING MEMORIES WITH MUSIC:</b>            Musical Reminiscing Program At the Gold Coast Cinema Entertainment, Lunch and a Tour of their Art Gallery</p>	<p>10:00 Science Times            10:30 <b>CAPTURED MOMENTS!</b> The Origins of the Camera &amp; the Snapshots of Our Lives            11:15 <b>Meditation</b> with Judy            12:15 Lunch Time followed by <b>'RHYTHM BREAK CARES':</b>            Grab Your Partners for An Afternoon of Dancing!</p>	<p>10:00 Headlines over Coffee            10:30 <b>PLAYBALL!</b> The Invention of a Baseball and the Birth of The Game            11:15 <b>Tai Chi</b> with Maria            12:15 Lunch Time            1:15 Team Trivia            1:45 <b>The Sweet SOUNDS OF JOY</b></p>	<p>10:00 World Events            10:30 <b>STARS &amp; STRIPES:</b>            The History Behind 'Old Glory'            11:15 <b>Strength Training</b> with Sharon            12:15 Lunch Time            1:15 <b>TRIP</b>            Lisa's Guided Tour of our Gold Coast Gems</p>	<p>10:00 Cozy Coffee Time            10:30 <b>SUPERMEN:</b> (Not all Heroes Wear Capes) Inspirational Stories of our Fathers            11:15 Stronger Seniors <b>Chair Exercise</b>            12:15 Lunch Time            1:30 <b>The Wonderful CONTINENTALS</b></p>
<p>10:00 Coffee and a Snack            10:30 <b>THE GREAT COOKOUT!</b> Reminiscing about Picnics, Parties &amp; Family Reunions            11:15 <b>Strength Training</b> with Sharon            12:15 Lunch Time            1:15 <b>ART THERAPY W/JACKIE:</b>            Personality Portraits, Story Crafting &amp; Cherry Pie</p>	<p>10:00 Science Times            10:30 <b>STARRY NIGHTS:</b>            The Magic of the Drive In Movie Theater            11:15 Stronger Seniors <b>Chair Exercise</b>            12:15 Lunch Time            1:15 <b>Painting</b> with Liz            2:15 'MOVIE' Boggle</p>	<p>10:00 In the News            10:30 <b>SUMMER 'SCENT'SATIONS:</b>            Sights, Sounds, Smells &amp; Tastes of Summer            11:15 <b>Tai Chi</b> with Maria            12:15 Lunch Time and <b>The Amazing Long Island Jazz Ensemble</b>            2:00 Milkshakes &amp; Memory Games</p>	<p><b>* RESCHEDULED TRIP *</b>            10:00 World News            10:30 <b>BARBERSHOPS &amp; BEAUTY PARLORS</b>            Headly Hairstyles of Yesteryear            11:15 <b>Strength Training</b> with Sharon            12:15 Lunch Time  <b>TRIP</b>  <b>MEET ME IN THE UPPER GALLERIES:</b>            A Guided Tour at the Nassau County Museum</p>	<p>10:00 Headlines over Coffee            10:30 <b>EAT THE RAINBOW:</b>            Health Benefits of Our Summer Fruits &amp; Veg            11:15 Stronger Seniors <b>Chair Exercise</b>            12:15 Lunch Time &amp; our <b>Cornell Cooperative Lecture:</b>            Fruits &amp; Veggies Bingo            1:30 <b>The Wonderful CONTINENTALS</b></p>
<p>10:00 Current Events            10:20 <b>TRIP:</b>  <b>MAKING MEMORIES WITH MOVIES:</b>            Cinematic Reminiscing Program at the Huntington Cinema Arts Center Followed by Lunch and Activities in the Cafe</p>	<p>10:00 Science Times            10:30 <b>PENNY CANDY LAND:</b>            The Wonderful World of Confectionary            11:15 <b>Meditation</b> with Judy            12:15 Lunch Time            1:30 <b>Fond Farewells:</b> Drum Party Sendoff Let's say our goodbyes to Brendan</p>	<p>10:00 World Events            10:30 <b>OWERTY:</b> Kleinsteubers, Sholes and the Evolution of the Keyboard            11:15 Stronger Seniors <b>Chair Exercise</b>            12:15 Lunch Time            1:15 'OCCUPATIONS' Crossword            1:45 <b>The Sweet SOUNDS OF JOY</b></p>	<p>10:00 Coffee Time            10:30 <b>PUPPY LOVE:</b> A Visit From our Friends at North Shore Animal League            11:15 <b>Strength Training</b> with Sharon            12:15 Lunch Time            1:30 <b>Zumba Gold</b> with Carol            2:30 'ANIMAL' Round Robin</p>	<p>10:00 Coffee and Conversation            10:30 <b>RELICS FROM THE PAST:</b>            A Staff Show &amp; Tell for Archives Week            11:15 <b>Yoga</b> with Isabel            12:15 Lunch Time            1:30 <b>The Wonderful CONTINENTALS</b></p>