

MON	TUE	WED	THUR	FRI
	<p><b>ACTIVITIES MAY NEED TO CHANGE DUE TO UNFORESEEN CIRCUMSTANCES</b></p> <p><b>CAREGIVERS SUPPORT GROUP</b> MAY 28 at 1:30</p>	<p>10:00 Science Times</p> <p>10:30 <b>INDEPENDENCE DAY:</b> Zaragoza's Historic Victory</p> <p>11:15 Stronger Seniors <b>Chair Exercise</b></p> <p>12:15 Lunch Time</p> <p>1:15 <b>Fiesta Festivities:</b> Piñatas, Papel Picado, Chips &amp; Dip</p>	<p>10:00 News &amp; Views</p> <p>10:30 <b>ANIMAL MAGIC:</b> A Visit From Our North Shore Friends</p> <p>11:15 Strength Training W/Sharon</p> <p>12:15 Lunch Time</p> <p>1:15 <b>Best In Show!</b> Dog Crafting, Naming, &amp; Judging</p>	<p>10:00 Headlines &amp; Happenings</p> <p>10:30 <b>GOLDEN VOICES:</b> The Joyous Sounds of our Senior Choral Group</p> <p>11:15 Stronger Seniors <b>Chair Exercise</b></p> <p>12:15 Lunch Time</p> <p>1:30 An Afternoon with <b>The Wonderful CONTINENTALS</b></p>
<p>10:00 Sip &amp; Share</p> <p>10:30 <b>FUZZY FABRICATIONS:</b> Fantastical Felting Demonstration with Hilary</p> <p>11:15 Strength Training W/Sharon</p> <p>12:15 Lunch Time</p> <p>1:30 <b>Zumba Gold</b> with Carol</p> <p>2:15 <b>MATERIAL</b> Guggenheim</p>	<p>10:15 <b>TRIP:</b> <b>MAKING MEMORIES WITH MOVIES</b> Cinematic Reminiscing Program At the Gold Coast Cinema Arts Lunch and a Tour of their Gallery</p>	<p>10:00 Science Times</p> <p>10:30 <b>RITE OF PASSAGE:</b> Amelia Earhart's Solo Adventure</p> <p>11:15 <b>Tai Chi</b> with Maria</p> <p>12:15 Lunch Time and <b>The Amazing Long Island Jazz Ensemble</b></p> <p>2:15 'TRANSPORTATION' Crossword</p>	<p>10:00 News &amp; Views</p> <p>10:30 <b>WONDER WOMEN:</b> Conversations About a Mother's Ever-changing Role</p> <p>11:15 Strength Training W/Sharon</p> <p>12:15 Lunch Time</p> <p>1:15 <b>MEMORY LANE:</b> A Celebration of Mothers through Song w/<b>Lois Morton</b></p>	<p>10:00 Headlines &amp; Happenings</p> <p>10:30 <b>ACTS OF KINDNESS:</b> Ordinary People, Extraordinary Deeds</p> <p>11:15 <b>Yoga</b> with Isabel</p> <p>12:15 Lunch Time</p> <p>1:30 An Afternoon with <b>The Wonderful CONTINENTALS</b></p>
<p>10:00 Sip &amp; Share</p> <p>10:30 <b>'RUN FOR THE ROSES':</b> A Colorful Story of the Kentucky Derby</p> <p>11:15 Strength Training W/Sharon</p> <p>12:15 Lunch Time</p> <p>1:30 <b>And They're Off!</b> An afternoon of: Racing, Mint Juleps &amp; Derby Pie</p>	<p>10:15 <b>TRIP:</b> <b>TILLES CENTER</b> Themes from Hamlet Expressive Dance Followed by Lunch and a Scenic Drive</p>	<p>11:00 <b>TRIP:</b> <b>MORGAN PARK:</b> A Picnic to Celebrate &amp; Thank Our Incredible Volunteers</p>	<p>10:00 News &amp; Views</p> <p>10:30 <b>APRIL SHOWERS BRING...:</b> The Hidden Language Behind Flowers</p> <p>11:15 Strength Training W/Sharon</p> <p>12:15 Lunch Time</p> <p>1:15 <b>A Budding Afternoon:</b> Floral Crafts, Round Robin &amp; Word Teasers</p>	<p>10:00 Headlines &amp; Happenings</p> <p>10:30 <b>FRAGARIA X ANANASSA:</b> The Origins of this May 'Fruit of The Gods'</p> <p>11:15 Stronger Seniors <b>Chair Exercise</b></p> <p>1:30 An Afternoon with <b>The Wonderful CONTINENTALS</b></p>
<p>10:00 Sip &amp; Share</p> <p>10:30 <b>PICTURE PERFECT:</b> The Birth of The Camera &amp; The Art of Photography</p> <p>11:15 Strength Training W/Sharon</p> <p>12:15 Lunch Time</p> <p>1:15 <b>Pictures This!</b> An Afternoon of Story-telling &amp; Creative Writing</p>	<p>10:00 Tea &amp; Trivia</p> <p>10:30 <b> HOMECOMING G.I.:</b> Discussing The Patriotic Works of Norman Rockwell</p> <p>11:15 <b>Meditation</b> with Judy</p> <p>12:15 Lunch Time</p> <p>1:15 <b>Painting</b> with Liz</p> <p>2:15 Patriotic Poetry</p>	<p>10:00 Science Times</p> <p>10:30 <b>STARS &amp; SRIPES FOREVER!:</b> The Rich History of the American Flag</p> <p>11:15 <b>Tai Chi</b> with Maria</p> <p>12:15 Lunch Time</p> <p>1:15 <b>The Sweet SOUNDS OF JOY</b></p>	<p>10:00 News &amp; Views</p> <p>10:30 <b>THE POPPY LADY:</b> The Inspiring Legacy of Moira Michael</p> <p>11:15 Strength Training W/Sharon</p> <p>12:15 Lunch Time</p> <p>1:15 <b>Zumba Gold</b> with Carol</p> <p>2:15 Crafting Remembrance Flowers</p>	<p>10:00 Headlines &amp; Happenings</p> <p>10:30 <b>LIVE &amp; LET SPY!:</b> Intriguing Stories of Intrepid Wartime Heroes</p> <p>11:15 <b>Yoga</b> with Isabel</p> <p>12:15 Lunch Time &amp; our <b>Cornell Cooperative Lecture:</b> FOOD SAFETY BINGO Followed by an Afternoon with <b>The Wonderful CONTINENTALS</b></p>
<p><b>CLOSED FOR</b></p> 	<p>10:00 Tea &amp; Trivia</p> <p>10:30 <b>IN THE VERY MERRY...:</b> Discussing the Symbols &amp; Symbolism Around May</p> <p>11:15 <b>Meditation</b> with Judy</p> <p>12:15 Lunch Time</p> <p>1:15 <b>Painting</b> with Liz</p> <p>2:15 <b>M-A-Y</b> Brain Game</p>	<p>10:00 Science Times</p> <p>10:30: <b>WISH YOU WERE HERE!</b> The Diverse Art of the 'Mailed Card' w/ Our Local Deltiologist Bob Nelson</p> <p>11:15 Stronger Seniors <b>Chair Exercise</b></p> <p>12:15 Lunch Time</p> <p>1:30 <b>The Sweet SOUNDS OF JOY</b></p>	<p>10:00 News &amp; Views</p> <p>10:30 <b>CHRYSOPYLAE:</b> The Story Behind San Francisco's Iconic Golden Gate Bridge</p> <p>11:30 Early Lunch Followed By Our <b>TRIP</b> <b>MEET ME IN THE GALLERIES:</b> A Guided Tour at the Nassau County Museum</p>	<p>10:00 Headlines &amp; Happenings</p> <p>10:30 <b>STRANGE BUT TRUE!:</b> Facts That Will Make Your Hair Stand On End</p> <p>11:15 Stronger Seniors <b>Chair Exercise</b></p> <p>12:15 Lunch Time</p> <p>1:30 An Afternoon with <b>The Wonderful CONTINENTALS</b></p>