

OCTOBER 2018 MENU

MON	TUE	WED	THUR	FRI
1 TOMATO SOUP POTATO CRUSTED FISH W/ TARTAR SAUCE RICE PILAF BROCCOLI WHEAT BREAD VANILLA PUDDING	2 MINISTRONE SOUP GRILLED CHICKEN OVER CAESAR SALAD RYE BANANA	3 BUTTERNUT SQUASH SOUP STUFFED PEPPERS PEAS & CARROTS RED POTATOES ROLL COOKIES	4 SPLIT PEA SOUP RAVIOLI W/ MARINARA SAUCE ITALIAN BLEND VEGETABLES ITALIAN BREAD JELL- O WITH MIXED FRUIT	5 LENTIL SOUP CHICKEN PARM IGIANA PENNE PASTA W/ MARINARA SAUCE TOSSED SALAD ITALIAN BREAD CANNOLI
8 CLOSED Columbus Day A Day for Discovery	9 VEGETABLE SOUP POT ROAST W/ GRAVY MASHED POTATOES BROCCOLI RYE BREAD COOKIES	10 WHITE BEAN SPINACH SOUP CHICKEN MARSALA RICE PILAF PEAS & CARROTS ITALIAN BREAD BANANA	11 CHICKEN NOODLE SOUP SLOPPY JOES BAKED BEANS COLESLAW BUN CHOCOLATE PUDDING	12 LENTIL SOUP VEGETABLE LASAGNA TOSSED SALAD ITALIAN BREAD PEAR HALVES
15 SPLIT PEA SOUP SAILSURY STEAK W/GRAVY MASHED POTATOES GREEN BEANS RYE BREAD PEAR HALVES	16 VEGETABLE SOUP BREADED CHICKEN CUTLET W/ GRAVY BROWN RICE BROCCOLI WHEAT BREAD APPLE	17 LENTIL SOUP BAKED ZITI W/EGGPLANT ROLLATINI TOSSED SALAD ITALIAN BREAD VANILLA PUDDING	18 MINISTRONE SOUP CHICKEN PICATTA RICE PILAF PEAS ROLL BANANA	19 WHITE BEAN SPINACH SOUP VEGGIE BURGER W/LETTUCE & TOMATO ON A ROLL ROASTED POTATOES CARROTS ROLL BIRTHDAY CAKE
22 VEGETABLE SOUP CHICKEN FAJITAS W/ PEPPERS & ONIONS MEXICAN RICE BLACK BEANS TORTILLA APPLE	23 TOMATO RICE SOUP MEATLOAF W/ GRAVY MASHED POTATOES GREEN BEANS ROLL JELL- O WITH MIXED FRUIT	24 CHICKEN VEGETABLE SOUP SAUERBRATEN W/ GRAVY RED CABBAGE NEW POTATOES RYE BREAD CHOCOLATE ICE CREAM	25 LENTIL SOUP POTATO CRUSTED FISH W/ TARTAR SAUCE RICE PILAF BROCCOLI WHEAT BREAD PEAR HALVES	26 SPLIT PEA SOUP ROAST TURKEY W/ GRAVY & CRANBERRY SAUCE MASHED SWEET POTATOES GREEN BEANS RYE BREAD BANANA
29 MINISTRONE SOUP STUFFED SHELLS OVER SPINACH TOSSED SALAD ITALIAN BREAD CHOCOLATE PUDDING	30 LENTIL SOUP POTATO AND EGG FRITTATA WITH CHEESE, ONIONS AND SPINACH PEAS AND CARROTS ROASTED POTATOES WHEAT BREAD PEACH HALVES	31 TOMATO SOUP CHILI BROWN RICE GREEN BEANS CORN BREAD GRAVEYARD CAKE		