


Sparking Meaningful Conversations in a Virtual Age

Enchanted Engagements

A Calendar of Activities Brought to You by The Glen Cove Adult Program

January 2 – 6 2023

Enchanted Engagements: **NEW BEGINNINGS**

Sessions	HYBRID Mon 2nd	HYBRID Tue 3rd	HYBRID Wed 4th	HYBRID Thurs 5th	HYBRID Fri 6th
<p>To enroll in our in-person or virtual programming, please email:</p> <p>mraymundo@glencoveny.gov or afreeman@glencoveny.gov</p>	<p>CLOSED FOR CHRISTMAS</p> 	<p>10:00 - 11:00 Coffee & Conversation: New Year, New Beginnings: <i>Past Events & Future Wishes</i></p> <p>11:00 - 11:45 Live Exercise: <i>Zumba with Carol</i></p> <p>11:45 - 12:00 Brain Booster: <i>"Resolutions" Word Play</i></p> <p>12:00 - 1:00 Lunch, music & a game of Name 5</p> <p>1:00 - 2:00 End of Day <i>Tree's (Resolution) & Tabletop Games</i></p>	<p>10:00 - 11:00 Coffee & Conversation: New Flag, New Status: <i>The Evolution & Origins of Old Glory</i></p> <p>11:00 - 11:30 Guided Exercise: <i>"Bingocise"</i></p> <p>11:30 - 12:00 Brain Teaser: <i>Build a Poem</i></p> <p>12:00 - 1:00 Lunch, music & a Color Quiz</p> <p>1:00 - 2:00 End of Day <i>Painting & Pokeno</i></p>	<p>10:00 - 11:00 Coffee & Conversation: New Frontier, New Discoveries: <i>Neil Armstrong & His Historical First Steps</i></p> <p>11:00 - 12:00 Live Exercise: <i>"Agatha's Funksercise"</i></p> <p>12:00 - 1:00 Lunch, music & an Occupation Game</p> <p>1:00 - 2:00 End of Day <i>Baking (Moon Pies) & Ballgames</i></p>	<p>10:00 - 11:00 Coffee & Conversation: New Image, New World: <i>The first Photograph & Evolution of the Camera</i></p> <p>11:00 - 11:30 Streamed Exercise: <i>Dance Yoga w/ Sherry Zac Morris</i></p> <p>11:30 - 12:00 Cognitive Challenge: <i>Build a Poem</i></p> <p>12:00 - 1:00 Lunch, music & an "Equipment Scattergory"</p> <p>1:00 - 2:00 End of Day <i>Decoupage & Dominoes</i></p>