



Glen Cove Chapter Presents: Walk with a Doc



“Summer Safety”

Dr. Barbara Keber, MD, FAAFP
Glen Cove Hospital, Northwell Health

Wednesday, August 4th, 2021
9:30-11AM

Garvies Point Esplanade

Park and register outside the Glen Cove Ferry Terminal at
73 Garvies Point Road, Glen Cove NY 11542

Inclement weather location: Glen Cove Boys and Girls Club,
113 Glen Cove Ave, Glen Cove NY 11542



Wear comfy clothes, sunscreen, a hat, and walking shoes!

Please follow CDC guidelines in regards to COVID-19 safety.

Water and light refreshments will be provided along with a chance to win a raffle!



Can't attend? Tune in beginning Saturday, August 7th to re-watch the event!
New health talk episodes are posted the first Saturday of every month.

To participate virtually, point your phone camera at the QR code to scan it or
visit: <https://agefriendlyglencove.com/virtual-events/>

Why Walk With a Doc?

- Learn about health topics from local healthcare professionals
- Become comfortable discussing health topics with your physician
- Enjoy a fun and easy way to exercise and improve health!
- Connect with members in the local community

For more information, please contact the Age-Friendly Glen Cove team at the
Glen Cove Senior Center at 516-759-9610 or email us at agefriendlyglencove@gmail.com

We are a local chapter of an international program.

Learn more at www.walkwithadoc.org



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